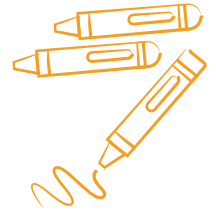




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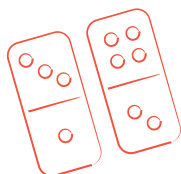


# HANDS ON

as we **grow**® 

LEARN YOUR NAME WEEK

Activity Plans for Toddlers & Preschoolers





## LEARN YOUR NAME WEEK ACTIVITY PLAN



1

### **Monday | Triple Name Tracing:**

Write their name on a piece of paper in highlighter. Then trace over it with pencil. Trace over that with glue. Trace over that with yarn!

glue  
highlighter  
paper  
pencil  
scissors  
string or yarn



2

### **Tuesday | Name Ring Toss:**

Make a ring toss! Cut the centers out of paper plates to make rings. Write the letters of their name on the bottoms of cups. Toss the plates to ring the letters of their name.

markers  
paper plates  
plastic or paper cups  
scissors



3

### **Wednesday | Clothespin Name & Letter Match:**

Write child's name in large letters on paper and cut each letter out. Write one letter of their name on each of the clothespins (make three sets). Put one paper letter into each cup and clip the clothespins on the matching cup.

clothespin  
marker  
paper  
plastic or paper cups



4

### **Thursday | Move & Spell Your Name:**

Write each letter of the alphabet on paper. Choose different movement activities for each letter. Find the letters in your name and do the actions!

paper  
pencil



5

### **Friday | I Spy My Name Rice Sensory Bin:**

Fill up a container with rice and add the letters in the child's name to the rice. Write their name on a dry erase board. Dig through the rice to find the letters and match them up with the letters on the dry erase board.

letters  
paper  
rice  
tub



6

### **Saturday | Name Chain:**

Cut several strips of colored paper. Write one letter from their name on each strip. Tape the ends to link them together, making a chain.

marker  
paper  
scissors  
tape



7

### **Sunday | Name Sticker Match:**

Write their name to fill the top of a paper. Stick matching letter stickers below each letter, spelling their name over and over again. (No stickers? Write the letters on pieces of paper and glue them.)

letter stickers  
markers  
paper

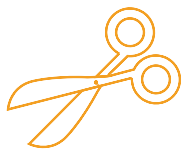
# LEARN YOUR NAME WEEK ACTIVITY PLAN



## TRIPLE NAME TRACING

### SUPPLIES:

glue  
highlighter  
paper  
pencil  
scissors  
string or yarn



CLICK FOR MORE DETAILS

1

Write your child's name on a piece of paper with a highlighter.

2

Have your child trace the highlighter with a pencil.

3

Trace over it again with glue and stick yarn pieces to the glue.

### TIPS:

Holding and cutting the yarn can be difficult to maneuver. Help your child by holding the yarn in place while they cut.

For kids that find it difficult, you can pre-cut the yarn to the right length for each letter.

Instead of glue and yarn, you could try small stickers instead! Or try gluing on sand instead of the yarn.



# LEARN YOUR NAME WEEK ACTIVITY PLAN



## NAME RING TOSS

**SUPPLIES:**  
markers  
paper plates  
plastic or paper cups  
scissors



1

Cut the centers out of paper plates to make rings.

2

Write a letter on each cup to spell your child's name. Line up the cups.

3

Toss the plates to ring the letters of their name.



[CLICK FOR MORE DETAILS](#)



### TIPS:

If you don't have cups, you can also use small objects. Can you find an object that starts with every letter of their name?

Instead of their name, work on numbers, or letters, or shapes! Anything can be written on those cups.

No paper plates? Make rings out of pipe cleaners. Just make sure they're big enough to get around the cup!

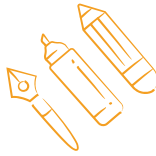
# LEARN YOUR NAME WEEK ACTIVITY PLAN



## CLOTHESPIN NAME & LETTER MATCH

### SUPPLIES:

clothespin  
marker  
paper  
plastic or paper cups



CLICK FOR MORE DETAILS

1

Write your child's name in large letters on paper and cut each letter out. Write one letter of your child's name on each of the clothespins. Make three sets.

2

Put one paper letter into each cup.

3

Clip the clothespins onto the matching cup.

### TIPS:

Mix it up and work on colors, sight words or even math problems!

Have your child help with as much of the set up as they can.

Taking the clothespins on and off can be hard, but it is so great for fine motor skills! It may take some practice.





# LEARN YOUR NAME WEEK ACTIVITY PLAN



## MOVE & SPELL YOUR NAME

### SUPPLIES:

paper  
pencil



CLICK FOR MORE DETAILS

1

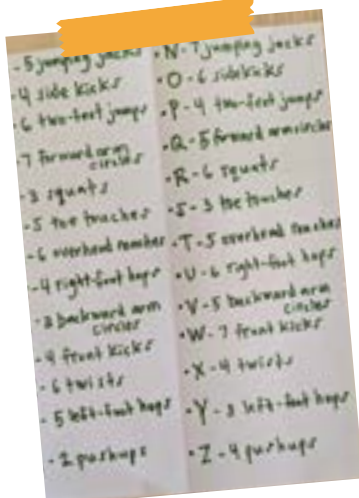
On paper, write each letter of the alphabet.

2

Choose different movement activities for each letter.

3

Find the letters in your name and do the actions!



### TIPS:

If you run out of ideas for movements, just repeat them with different numbers.

Some ideas for movements: jumping jacks, sidekicks, two-foot jumps, squats and forward arm circles.

Have your child write the letters on the paper for you!

# LEARN YOUR NAME WEEK ACTIVITY PLAN



## I SPY MY NAME RICE SENSORY BIN

### SUPPLIES:

letters  
paper  
rice  
tub



1

Fill up a container with rice and hide the letters of their name in the rice.

2

Write their name on a paper.

3

Find the letters in the rice and match them to the letters on the paper.



CLICK FOR MORE DETAILS

### TIPS:

No toy letters? Instead write the letters of their name on pieces of paper to hide in the rice.

Start by writing their name in all capital letters so they can just match letters. Once mastered, write their name with just the first letter capitalized to match uppercase letters with lowercase letters.

For older kids, see if they can put the letters in the right order by themselves without having it written down somewhere.



# LEARN YOUR NAME WEEK ACTIVITY PLAN



## NAME CHAIN

### SUPPLIES:

marker  
paper  
scissors  
tape



1

Cut 1 1/2" to 2" wide strips of paper.

2

Write one letter of their name on each strip.

3

Make a loop with the first strip and tape the ends together. For each of the other strips, pass the strip through the last link, loop, and tape the ends. Repeat to make a chain.

### TIPS:

Older children can try writing the letters on the strips of paper.

The completed chain makes a great decoration for their room!

Use more than one color of paper and make a pattern in your chain.





# LEARN YOUR NAME WEEK ACTIVITY PLAN



## NAME STICKER MATCH

### SUPPLIES:

letter stickers  
markers  
paper



CLICK FOR MORE DETAILS

1

Write your child's name at the top of a paper.

2

Set out several letter stickers that are the letters in their name.

3

Have your child stick matching sticker letters below each letter to spell their name over and over.

### TIPS:

If you don't have letter stickers, you can cut small squares and write the letters on those. Then have your child glue them in place.

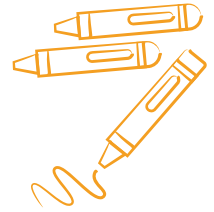
Don't be concerned about them spelling their name in full before moving onto the next line. Let them match several of one letter if they please.

Work on writing instead of stickers. Have your child write the letters over and over below your initial name.






ABC



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