

# Hello, Superstar!

## We want you on our **Girls<sub>on</sub> theRun<sup>®</sup>** team!



Make new friends, get your body moving, set and achieve goals at your pace, gain new skills and have TONS of fun.



**SIGN UP TODAY!**

Are you ready to unlock the leader that's always been inside of you?

### SPRING 2024 GOTR SEASON DETAILS:

- Teams meet twice a week for 16 sessions
- Caring volunteer coaches lead fun lessons and games, group discussions, and physical activities
- Each team dreams up and completes a Community Impact Project that helps make the world a better place
- You will cross the finish line with your team in an exciting and joyful 5K in Newark or Princeton!

[www.GirlsontheRunNJ.org](http://www.GirlsontheRunNJ.org)

### Join Girls on the Run and watch your confidence soar!

**Spring 2024 Season: April 10 - June 2**

**Holland Brook School**

(open to grades 3-5)

**Wednesdays & Fridays 4:15-5:30pm**

Registration fee: \$250

Financial assistance is available

Questions: [anne@girlsontherunnj.org](mailto:anne@girlsontherunnj.org)

