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## HOLLAND BROOK SCHOOL

Dr. Jonathan Moss, *Principal*

[jmoss@readington.k12.nj.us](mailto:jmoss@readington.k12.nj.us)

P.O. Box 1500 • 52 Readington Road • Whitehouse Station, NJ 08889 • (908)-823-0454 • (908) 349-3021 fax

SY: 2024-2025

Dear Parent/Guardian of our Fifth Grade Students at HBS,

New Jersey State Law requires that all public school students age ten through eighteen be screened for scoliosis every other year. The purpose of this screening program is to recognize scoliosis in its earliest stages. On the reverse side of this letter is the NJ State Law with regard to screening for scoliosis.

Scoliosis is defined as a condition of the spine in which the spine curves to the left or right. It is commonly found during the time of rapid physical growth and may progress if not treated. Curvatures can often be controlled if detected early.

During the screening process, boys and girls will be required to remove their shirts. Girls should wear a cami or sports bra or other piece of tight clothing so the entire spine can be seen. Students will be screened separately and privately in the health office. If indicated you will be notified in writing to seek further medical evaluation.

If you **do not** want your child to be screened by school personnel or your child was screened by his/her doctor this year, you must complete the parental release form on the back of this letter and return it to the school health office by next week.

At the screening the student's height, weight and blood pressure will be completed as well.

If you have any questions, please contact me at (908) 534-2739.

Sincerely,

Nancy Kelly, MS, RN, CSN-NJ

School Nurse

Holland Brook School

## READINGTON TOWNSHIP PUBLIC SCHOOLS

The following is the law concerning public school participation in a scoliosis screening program.

### CHAPTER 97, LAWS OF 1978 (Assembly Bill No. 254; approved August 14, 1978)

AN ACT concerning the examination of pupils for the condition known as scoliosis.

BE IT ENACTED by the Senate and General Assembly of the State of New Jersey:

1. Every board of education shall provide for the bi-ennial examination of every pupil between the ages of ten and eighteen for the condition known as scoliosis in accordance with the standards jointly established and promulgated by the Departments of Health and Education. Such examination shall be carried out by a school physician, school nurse, physical education instructor, or other school personnel properly trained in the screening process for scoliosis. Every board of education shall further provide for the notification of the parents or guardians of any pupil suspected of having scoliosis. Such notification shall include an explanation of scoliosis, the significance of treating it at an early stage, and the public services available, after diagnosis, for such treatment.
2. Any pupil shall be exempt from the examination upon written request of his/her parent or guardian.
3. No action of any kind in any court of competent jurisdiction shall lie against any physician, school nurse, physical education instructor, or other school personnel by virtue of this act.
4. This act shall take effect immediately.

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### READINGTON TOWNSHIP PUBLIC SCHOOLS Parental Release – Scoliosis Screening Program

Please fill out if you do not want your child screened for scoliosis and return to the Health Office as soon as possible.

I do not give permission for \_\_\_\_\_  
(Student name/Grade/Teacher)

to be screened for scoliosis during the 2024-2025 school year.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date