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Dear Parent or Guardian:

The Readington Township School District acknowledges that parents/guardians are the primary educators for their child/children. To that end, we are writing to inform you that in the upcoming weeks, **Sixth Grade** students will begin to explore health standards under the domains of Personal Growth and Development and Social Sexual Health. We value the importance of partnering with families as we educate students on the knowledge and skills they need in order to lead a healthy, active life.

We invite you to examine and discuss this information with your child before this content is presented at school. The curriculum guide is available on the district website for your review ([Our District /Curriculum Department/Curriculum Documents](#)). You are also welcome to contact your child's Health Teacher for further details about the content of the lessons.

During the weeks of May 15<sup>th</sup> and 22<sup>nd</sup> the certified health/physical education teachers will present health lessons during your child's regularly scheduled health class that include the following information:

Day 1: Male Reproductive Systems

- The human body can reproduce.
- The male reproductive system has internal and external parts with specific functions.
- Routine physical care is needed as a male body goes through puberty.
- Deciding whether and when to engage in sexual behaviors involves several important factors.

Day 2: Female Reproductive Systems

- The human body can reproduce.
- The female reproductive system has internal and external parts with specific functions.
- Routine physical care is needed as a female body goes through puberty.
- Deciding whether and when to engage in sexual behaviors involves several important factors.

Day 3: Puberty and Relationships

- Physical changes happen to the body during puberty.
- There are similarities and differences between friendship and romantic relationships.

Although we encourage families to have their students participate in this essential health topic, we want to remind Parents/Guardians that they do have the option of excluding their child from any portion of health education instruction if it conflicts with conscience, moral, or religious beliefs. If this is the case with your child, please [CLICK HERE to fill out the EXCLUSION FORM](#). **This form must be completed before May 1<sup>st</sup>**. Students who are excused will be assigned to a separate classroom for the identified lessons.

Sincerely,

The RMS Health and Physical Education Teachers: Jim Casertano, Michelle Hodge, Adam Lillia,  
Stephanie Sperone, and Paul Yunos  
Sarah Pauch, Supervisor