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Dear Parent or Guardian:

The Readington Township School District acknowledges that parents/guardians are the primary educators for their child/children. We value the importance of partnering with families as we educate students on the knowledge and skills they need in order to lead a healthy, active life. To that end, we are writing to inform you that in the upcoming weeks, **Second Grade** students will begin to explore health standards under the domain of Personal Growth and Development.

We invite you to examine and discuss this information with your child before this content is presented at school. The curriculum guide is available on the district website for your review ([Our District /Curriculum Department/Curriculum Documents](#)). You are also welcome to contact your child's Health Teacher for further details about the content of the lesson.

During the week of May 8th the certified health/physical education teachers will be joined by the school nurse to teach one 10-15 minute lesson. Boys and girls will receive this lesson together during their regularly scheduled PE/Health class times. The lesson will convey:

- Individuals have various body parts and some are private. These parts are typically covered by underwear or bathing suits.
- Males (men/boys) are born with a penis and Females (women/girls) are born with a vagina.
- It is important to know the correct names for body parts in order to ask your parents or a doctor for help.
- If something hurts or makes you upset, you can ask your parents or another adult for help.

Although we encourage families to have their students participate in this essential health topic, we want to remind Parents/Guardians that they do have the option of excluding their child from any portion of health education instruction if it conflicts with conscience, moral, or religious beliefs. If this is the case with your child, please [CLICK HERE to fill out the EXCLUSION FORM](#). **This form must be completed prior to May 1<sup>st</sup>.** Students who are excused will be assigned to a separate classroom for the identified lessons.

Sincerely,  
Austin Abney and Krystiana Sellers, Health and Physical Education Teachers  
Sarah Pauch, Supervisor