



# RMS Student Council Presents: The Spirit Days For February!



**Friday, 2/4:** National Wear **Red** Day for American Heart Month



**Monday, 2/7:** **Blue** & **Gold** Spirit Day!

**Friday, 2/11:** Football Spirit Day!

Wear your favorite football jersey to celebrate the Super Bowl!



**Monday, 2/14:** Wear **Pink** and/or **Red** for Valentine's Day!

**Thursday, 2/17:** Wear **GREEN** to celebrate National Random Acts Of Kindness Day!

The Random Acts of Kindness Foundation is an internationally recognized non-profit organization founded upon the powerful belief in kindness and dedicated to providing resources and tools that encourage acts of kindness.

"Remember there is no such thing as a small act of kindness. Every act creates a ripple with no logical end." (Scott Adams)



**Tuesday, 2/22:** **USA** Spirit Day

Wear **Red**, White, and **Blue** in honor of **Presidents' Day!**



**Wednesday 2/23:** Wear **Pink** for "Pink Shirt Day" to take a stand against bullying