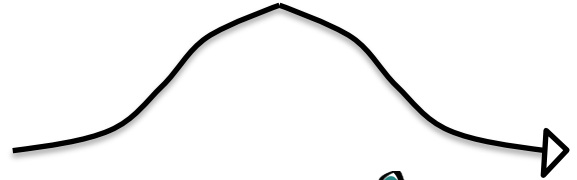


Fluency (Smooth Speech) Rules

1. Speak slowly



2. Use speech breathing



3. Touch speech helpers together lightly

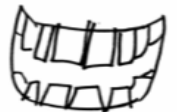


4. Use only the speech helpers to talk

THE SPEECH HELPERS



lips



teeth



tongue



voice box

5. Keep your speech helpers moving



6. Keep the voice box running smoothly



voice box

7. Say a word only once

