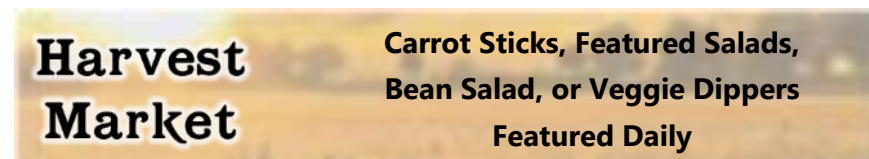
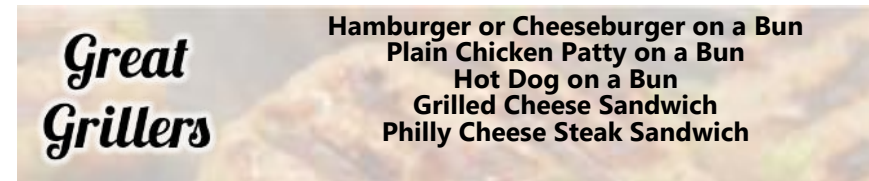
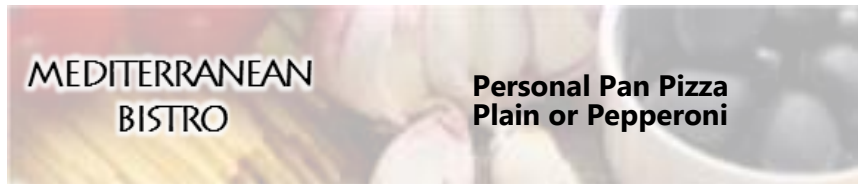


Readington Middle School

September 2015
Lunch Menu

Student Lunch **\$2.70** Reduced Lunch **\$0.40** Adult Lunch **\$3.20**

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice



Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

 **Check us out on Facebook: Maschio's Food Services, Inc.**

Questions or Concerns? Please Visit www.MaschioFood.com

Or Call Maschio's Food Services at: (908)534-2113 x 3

The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

31	1	2	3	4
<i>We Hope You Enjoyed Your Summer Vacation!</i>				
7 Labor Day	8 Welcome Back Picnic Sabrett's All Natural Beef Hot Dog on a Bun Puzzle Fries Watermelon Chunks	9 Chicken Tenders With Sweet & Sour Sauce Rice Steamed Broccoli Fresh or Chilled Fruit	10 Mac and Cheese Warm Pretzel Stick Green Beans Fresh or Chilled Fruit	11 Dominos Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
14 School Closed Rosh Hashanah National Honey Month	15 Chicken Parm Hero Honey Glazed Carrots Fresh or Chilled Fruit	16 Pizza Sticks with Marinara Sauce Tossed Salad Fresh or Chilled Fruit	17 Nachos with Beef, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Rice Corn Fresh or Chilled Fruit	18 French Bread Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit
21 Harvest Salad with Chicken, Apples, Mandarin Oranges, Romaine & Spring Mix Lettuce, Shredded Carrots, & Cucumbers Toasted Pita Wedges Jersey Fresh or Chilled Fruit	22 Meatball Hero Jersey Fresh Cucumber & Tomato Salad Fresh or Chilled Fruit	23 School Closed Yom Kippur	24 Rodeo Burger on a Bun with Onion Rings and BBQ Sauce Oven Baked Fries Jersey Fresh or Chilled Fruit	25 Stuffed Crust Pizza Jersey Fresh Pepper Dippers Fresh or Chilled Fruit
28 Popcorn Chicken with Mashed Potatoes, Corn Dinner Roll Fresh or Chilled Fruit	29 MAC Rib Sliders with Pickles Sweet Potato Fries Fresh or Chilled Fruit	30 Chicken Bruschetta Pasta Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	Jersey Fresh Farm to School Week  Farm Fresh Produce will be available from September 21st through the 25th. Look out for the Jersey Fresh Symbol on the lunch line! Local produce decreases the food miles from the farm to your cafeteria.	

MENU SUBJECT TO CHANGE

Prepaid Meals are available in the cafeteria:

Please Make Checks Payable To:
Readington Township


"This institution is an equal opportunity provider"