



Core Values

C Courtesy
R Respect

J Judgment
R Responsibility
S Sportsmanship

C Confidence
H Honesty
I Integrity
P Perseverance

Healthy Habits

Physical
Energy, Play, Safety

Emotional
Vision, Mind, Family

Social
Friends, School, Community

Participants work on a progression of Life Skills (Introducing oneself, goal setting) and golf skills (Including set-up, putting, chipping, pitching, bunker shots, full swing, rules of golf and etiquette). Participants are encouraged to work through PLAYER, PAR, BIRDIE, EAGLE, and ACE levels of achievement. The First Tee of Raritan Valley offers an introductory program called TARGET for participant's ages 5 – 6 using equipment especially designed for them.

Program Levels

Player **Ages 7 & 8**

All children new to The First Tee program will start at the PLAYER Level no matter the age or golf ability.

Par **Ages 9 & 10 and Player Certified**

Birdie **Ages 11 & 12 and Par Certified**

Eagle **Minimum age of 13 and Birdie Certified**
Minimum age of 14, one year in Eagle Class and Eagle Certified